


ANNUAL PROGRESS REPORT
MOU WITH Samskruthi Foundation

Academic year 2023-24

Name of the Organization	Samskruthi Foundation
Nature of MoU	Promotion of Indian Culture and Values, Extension and Outreach
Date of Signing MoU	04.03.2019
Validity of MoU	Until termination

LIST OF ACTIVITIES

S.No	Name of the Activity	Date
1	Impact of Yoga on Work Life Balance of Working Women	21.06.2023
2	Yoga Program	21.06.2023
3	Rakhi with soldiers	29.08.2023
4	Seminar on Human Values and Meditation	08.11.2023



Principal
Aurora's PG College (MCA)
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LIST OF ACTIVITIES

S.No	Name of the Activity	Date
1	The effect of Yoga On the Work life Balance of Women in the workplace	21.06.2022
2	Yoga Program	21.06.2022



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Academic year 2021-22

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LIST OF ACTIVITIES

S.No	Name of the Activity	Date
1	Free Food for Community Workers	05.06.2021
2	Yoga Program	21.06.2021
3	Yoga Impact on Attaining Work life balance for women in the workplace	21.06.2021
4	Seminar on Human Values and Meditation	17.08.2021



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Academic year 2020-21

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LIST OF ACTIVITIES

S.No	Name of the Activity	Date
1	Yoga On achieving work life balance among working women(Online)	21.06.2020
2	Donate to poor	19.12.2020



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Academic year 201+9-20

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LIST OF ACTIVITIES

S.No	Name of the Activity	Date
1	Yoga Program	20.06.2019
2	Impact of yoga on work life balance of working Women	21.06.2019



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